

National Board for Professional Teaching Standards - Health

(These standards are for teachers who are attempting to become board certified. The *Me and My Feelings* curricula falls in line with methods teachers can use to show their competency)

	Ch. 1: What Are Emotions & Why Do We Have Them?	Ch. 2: Clarifying Emotions	Ch. 3: Interpreting Emotions	Ch. 4: Anger	Ch. 5: Fear	Ch. 6: Surprise and Disgust	Ch. 7: Sadness	Ch. 8: Happiness	Ch. 9: Secondary Emotions	Ch. 10: Managing Emotions
I. Knowledge of Students Accomplished health education teachers obtain a clear understanding of individual students, their family structures, and their backgrounds.		X	X	X	X	X	X	X	X	X
II. Knowledge of Subject Matter Accomplished health education teachers have a deep understanding of the components of health and health content and their interrelationships.	X	X	X	X	X	X	X	X	X	X
III. Promoting Skills-Based Learning Accomplished health education teachers, through their passion and effective communication, maintain and improve health-enhancing student behavior by delivering health content through skills-based learning.	X	X	X	X	X	X	X	X	X	X
IV. Curricular Choices Accomplished health education teachers select, plan, adapt, and evaluate curriculum to ensure comprehensive health education.	X	X	X	X	X	X	X	X	X	X
V. Instructional Approaches Accomplished health education teachers use an array of engaging instructional strategies to facilitate student learning.	X	X	X	X	X	X	X	X	X	X